

# FULL INGREDIENT MENU

ASK ITALIAN CHRISTMAS 2024

Our main allergen guide covers the 14 allergens specified by the EU Food Information Regulations. However, we understand that people may want to avoid other food ingredients, therefore this menu shows the full ingredient declarations of a select number of our dishes. Please use this guide to inform your choice however we are unable to provide full information about our suppliers' allergen risks, including cross contact. In addition, our kitchens handle numerous ingredients and allergens and it is not possible for us to guarantee that our dishes will be allergen free.

Please check this information **every** time you visit our restaurant as we may have changed the recipe or the ingredients of one or more of our dishes.

**If you are unable to find a dish suitable for your dietary requirements here, we advise you not to order.** However, as you know more about your allergy than we do, we will leave it up to you if you want to proceed. Please bear in mind though that due to the seriousness of allergies and food intolerances, our restaurant teams will not be able to help select dishes and they do not hold full ingredient information on any other menu items. Alternatively, if you let our head office know your dietary requirements in advance of your visit they will try to help you with your dish choices. Click on contact us on our website or email [info@askitalian.co.uk](mailto:info@askitalian.co.uk)

Section	Dish Name	Ingredient Declaration	Comments
Starters	Italian olives	Marinated Olives (Nocellara Olives, Salt, Water, Acidity Regulator (Lactic Acid, Citric Acid), Antioxidant (Ascorbic Acid)), Extra Virgin Olive Oil, Oregano.	
Starters	Burrata Tricolore	Burrata Cheese (Cows Milk, Milk Cream, Starter Culture, Vegetarian Rennet, Salt, Thickeners (Glycerol), Stabilisers (Carboxy Methyl Cellulose, Carrageenan), Emulsifiers (Lactic Acid Esters Of Mono- And Diglycerides Of Fatty Acids, Mono- And Diglycerides Of Fatty Acids)), Baby Plum Tomatoes, Rocket, Slow-Roasted Tomatoes (Semi Dried Tomatoes, Rapeseed Oil, Garlic, Salt, Oregano), Extra Virgin Olive Oil, Ricotta Salata (Pasteurized Sheep's Milk Whey, Salt, Acidity Regulator (Citric Acid)), Vegan Basil Pesto (Sunflower Oil, Basilico Genovese P.D.O, Rehydrated Potato Flakes, Extra Virgin Olive Oil, Sunflower Seeds, Pumpkin Seeds, Inactive Yeast, Lemon Juice, Pine Kernels, Garlic, Salt, Black Pepper, Antioxidant (Ascorbic Acid)), Basil, Seasoning (Sea Salt, Cracked Black Pepper).	
Starters	Garlic Bread	Wildfarmed Dough (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamin, Calcium Carbonate, Ascorbic Acid), Sponge (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Water), Water, Salt, Olive Oil, Yeast, Sugar, Dough Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Enzymes)), Garlic & Parsley Spread (Vegetable Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Flavouring, Colour (Beta-Carotene))), Rapeseed Oil, Garlic Puree, Garlic Granules, Salt, Parsley, Ground Black Pepper, Preservative (Citric Acid)), Maize Grits, White Rice, Parsley.	
Starters	Caesar's Prawn Cocktail	Peeled Marinated Prawns (King Prawns (Prawns (Crustaceans), Water, Salt, Stabiliser (Sodium Triphosphate)), Water, Rapeseed Oil, Garlic, Flat Parsley, Sea Salt, Cracked Black Pepper, Lemon), Little Gem Lettuce, King Prawn Tails (King Prawns (Crustaceans), Water, Salt, Stabilisers (Sodium Pyrophosphate, Sodium Triphosphate)), Caesar Dressing (Rapeseed Oil, Water, Pasteurised Egg Yolk, White Wine Vinegar, Lemon Juice Concentrate, Salt, Parmigiano Reggiano Cheese (From Cows Milk), Mustard Flour, Black Pepper, Worcestershire Style Sauce (Water, Spirit Vinegar, Barley Malt Vinegar, Sugar, Molasses, Salt, Onion Powder, Garlic Powder, Tamarind Concentrate, Ground Ginger, Chilli Powder), Garlic Powder, Dried Onion, Extra Virgin Olive Oil, Anchovy Paste (Anchovy (Fish), Salt, Olive Oil), Stabiliser (Xanthan Gum)), Garlic & Parsley Spread (Vegetable Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Flavouring, Colour (Beta-Carotene))), Rapeseed Oil, Garlic Puree, Garlic Granules, Salt, Parsley, Ground Black Pepper, Preservative (Citric Acid)), Non Gluten Garlic & Herb Breadcrumbs (Rice Flour, Potato Starch, Tapioca Starch, Vegetable Oil (Sunflower), Dextrose, Yeast, Sugar, Salt, Stabiliser (Hydroxypropyl Methyl Cellulose), Maize Starch, Psyllium Fibre, Cow's Milk, Microbial Rennet, Salt, Garlic, Flat Parsley, Milk, Salt, Microbial Rennet, Lactic Ferments), Lemon.	
Starters	Pork & Sage Meatballs Al Forno	Pork Stuffing Meatball (Pork, Water, Rice Flour, Red Onion, Potato Starch, Sage, Salt, Onion Powder, Black Pepper, Rosemary, Allspice), Sugopronto Al Pomodoro (Tomato Pulp, Onion, Olive Oil, Tomato Paste, Sugar, Salt, Basil, Sunflower Oil), Tomato Sauce (Tomatoes, Salt, Basil, Oregano), Ciabattini (White Wheat Flour (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin)), Water, White Starter (Water, Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin))), Rapeseed Oil, Salt, Yeast, Crumb Softener (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin)), Preservative (Calcium Propionate), Colour (Beta-Carotene)), Diced Mozzarella (Mozzarella (Milk), Anticaking Agent (Cellulose)), Coppa (Pork Neck, Salt, Dextrose, Sugar, Spices, Flavourings, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite, Potassium Nitrate)), Garlic & Parsley Spread (Vegetable Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Flavouring, Colour (Beta-Carotene))), Rapeseed Oil, Garlic Puree, Garlic Granules, Salt, Parsley, Ground Black Pepper, Preservative (Citric Acid)), Riserva (Cow's Milk, Microbial Rennet, Salt), Flat Parsley.	
Pasta	Spaghetti Al Pomodoro	Spaghetti (Durum Wheat Semolina), Sugopronto Al Pomodoro (Tomato Pulp, Onion, Olive Oil, Tomato Paste, Sugar, Salt, Basil, Sunflower Oil), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Mozzarella (Milk), Baby Plum Tomatoes, Basil, Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Garlic Puree & Oil Mix (Garlic Puree, Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Rapeseed Oil), Salt & Pepper Mix (Black Pepper, Salt), Extra Virgin Olive Oil.	Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk.

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Pasta	Vegan Spaghetti Al Pomodoro	Spaghetti (Durum Wheat Semolina), Sugopronto Al Pomodoro (Tomato Pulp, Onion, Olive Oil, Tomato Paste, Sugar, Salt, Basil, Sunflower Oil), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Baby Plum Tomatoes, Basil, Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Extra Virgin Olive Oil, Garlic Puree & Oil Mix (Garlic Puree, Rapeseed Oil, Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil)), Salt & Pepper Mix (Sea Salt, Black Pepper).	Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk.
Pasta	Fettuccine Bolognese	Beef Bolognese (Beef, Red Wine (Sulphites), Tomato Passata, Tomatoes, Onion, Water, Tomato Purée, Celery, Rapeseed Oil, White Sugar, Beef Glaze (Concentrated Juices Of Beef, Corn Starch, Beet Sugar, Salt, Tomato Puree, Onion Concentrate), Sun-Dried Tomato Paste (Sun Dried Tomatoes, Sunflower Oil, Salt, White Vinegar, Herbs (Garlic, Rosemary, Basil), Black Pepper), Modified Maize Starch, Garlic Purée, Lemon Juice From Concentrate, Salt, White Wine Vinegar, Balsamic Vinegar (Red Wine Vinegar, Grape Must Concentrate), Fish Sauce (Anchovy Fish Extract, Salt, Sugar), Anchovy Paste (Matured Salted Anchovies (Fish), Olive Oil, White Wine Vinegar), Beef Bouillon (Maltodextrin, Salt, Yeast Extract, Beef Meat Extract, Sugar, Natural Flavouring, Vegetables (Onions, Parsnips), Sunflower Oil, Potato Starch, Spices (Garlic, Lovage, Nutmeg), Beef Powder, Caramelised Sugar, Natural Roasted Onion Flavouring), Basil, Oregano, Rosemary, Black Pepper), Armando Fettuccine (Durum Wheat Semolina), Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), White Cooking Wine (Alcohol Reduced White Wine, Sugar, Colours (Plain Caramel, Sulphite Ammonia Caramel), Flavouring (Grape Skin Extract), Acidity Regulator (Citric Acid), Salt, Preservatives (Sulphur Dioxide, Sodium Metabisulphite, Potassium Sorbate), Stabilisers (Metatartaric Acid, Gum Arabic)), Parsley, Salt & Pepper (Sea Salt, Black Pepper), Rapeseed Oil.	Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk.
Pasta	Linguine Carbonara	Linguine Armando (Durum Wheat Semolina), Carbonara Sauce (Skimmed Milk, Water, Single Cream (Milk), Mascarpone Cheese (Milk) (Cream (Milk), Milk Proteins, Acidity Regulator (Lactic Acid), Preservative (Potassium Sorbate), Preservative (Nisin)), Full Fat Soft Cheese (Milk), White Mature Cheddar Cheese (Milk), Pecorino And Regato Crumb Cheese Mix (Pecorino Cheese (Sheep Milk), Regato Cheese (Milk)), Modified Maize Starch, Rapeseed Oil, Garlic Purée, Cheese Stock Base (Processed Cheese Powder (Milk), Emulsifying Salt (Sodium Phosphates), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion, Parsnip), Sunflower Oil, Spices (Turmeric, White Pepper, Garlic, Mace, Nutmeg, Lovage), Lovage Extract), White Sugar, Yeast Extract, Salt, Thyme, Stabiliser (Xanthan Gum, Guar Gum), Black Pepper, Smoke Flavour), Smoked Pancetta Lardons (Pork, Salt, Dextrose, Glucose Syrup, Preservative (Potassium Nitrate, Sodium Nitrite), Antioxidant (Ascorbic Acid), Flavourings (Onion, Pepper, Juniper, Laurel), Spices (Garlic Powder), Beechwood Smoke.), Riserva (Cow's Milk, Microbial Rennet, Salt), Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Parsley, Salt & Pepper Mix (Sea Salt, Black Pepper), Rapeseed Oil, Gran Delizia Cheese(Milk).	Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk.
Pasta	Non Gluten Bolognese	Beef Bolognese (Beef, Red Wine (Sulphites), Tomato Passata, Tomatoes, Onion, Water, Tomato Purée, Celery, Rapeseed Oil, White Sugar, Beef Glaze (Concentrated Juices Of Beef, Corn Starch, Beet Sugar, Salt, Tomato Puree, Onion Concentrate), Sun-Dried Tomato Paste (Sun Dried Tomatoes, Sunflower Oil, Salt, White Vinegar, Herbs (Garlic, Rosemary, Basil), Black Pepper), Modified Maize Starch, Garlic Purée, Lemon Juice From Concentrate, Salt, White Wine Vinegar, Balsamic Vinegar (Red Wine Vinegar, Grape Must Concentrate), Fish Sauce (Anchovy Fish Extract, Salt, Sugar), Anchovy Paste (Matured Salted Anchovies (Fish), Olive Oil, White Wine Vinegar), Beef Bouillon (Maltodextrin, Salt, Yeast Extract, Beef Meat Extract, Sugar, Natural Flavouring, Vegetables (Onions, Parsnips), Sunflower Oil, Potato Starch, Spices (Garlic, Lovage, Nutmeg), Beef Powder, Caramelised Sugar, Natural Roasted Onion Flavouring), Basil, Oregano, Rosemary, Black Pepper), Non-Gluten Fusilli (Maize Flour, Corn Flour, Rice Flour, Water, Chickpea Flour, Sunflower Oil, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Cooking Wine (Alcohol Reduced Blended White Wine, Sugar, Flavourings, Grape Skin Extract, Sea Salt, Colours (Sulphite Ammonia Caramel, Plain Caramel), Acidity Regulator (Citric Acid), Salt, Preservatives (Potassium Sorbate, Sulphur Dioxide, Sodium Metabisulphite)), Stabiliser (Metatartaric Acid), Stabiliser (Gum Arabic)), Parsley, Salt & Pepper Mix (Black Pepper, Salt)), Rapeseed Oil.	Non-gluten pasta cooked separately to order.
Pasta	Non Gluten Carbonara	Non Gluten Fusilli (Maize Flour, Water, Chickpea Flour, Corn Flour, Rice Flour, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Carbonara Sauce (Skimmed Milk, Water, Single Cream (Milk), Mascarpone Cheese (Milk) (Cream (Milk), Milk Proteins, Acidity Regulator (Lactic Acid), Preservative (Potassium Sorbate), Preservative (Nisin)), Full Fat Soft Cheese (Milk), White Mature Cheddar Cheese (Milk), Pecorino And Regato Cheese Mix Crumb (Pecorino Cheese (Sheep Milk), Regato Cheese (Milk)), Modified Maize Starch, Rapeseed Oil, Garlic Purée, Cheese Stock Base (Processed Cheese Powder (Milk), Emulsifying Salt (Sodium Phosphates), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion, Parsnip), Sunflower Oil, Spices (Turmeric, White Pepper, Garlic, Mace, Nutmeg, Lovage), Lovage Extract), White Sugar, Yeast Extract, Salt, Thyme, Stabiliser (Xanthan Gum, Guar Gum), Black Pepper, Smoke Flavour), Smoked Pancetta Lardons (Pork, Salt, Dextrose, Glucose Syrup, Preservative (Potassium Nitrate, Sodium Nitrite), Antioxidant (Ascorbic Acid), Flavourings (Onion, Pepper, Juniper, Laurel), Spices (Garlic Powder), Beechwood Smoke.), Riserva Block (Milk), Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Parsley, Salt & Pepper Mix (Sea Salt, Black Pepper).	Non-gluten pasta cooked separately to order.
Pasta	Non Gluten Pomodoro	Non Gluten Fusilli (Maize Flour, Water, Chickpea Flour, Corn Flour, Rice Flour, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Sugopronto Al Pomodoro (Tomato Pulp, Onion, Olive Oil, Tomato Paste, Sugar, Salt, Basil, Sunflower Oil), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Mozzarella (Milk, Starter Culture, Microbial Rennet, Salt, Acidity Regulator (Citric Acid)), Baby Plum Tomatoes, Basil, Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Extra Virgin Olive Oil, Garlic Puree & Oil Mix (Garlic Puree, Rapeseed Oil, Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil)), Salt & Pepper Mix (Sea Salt, Cracked Black Pepper).	Non-gluten pasta cooked separately to order.

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Pasta	Non Gluten Vegan AI Pomodoro	Non Gluten Fusilli (Maize Flour, Water, Chickpea Flour, Corn Flour, Rice Flour, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Sugopronto AI Pomodoro (Tomato Pulp, Onion, Olive Oil, Tomato Paste, Sugar, Salt, Basil, Sunflower Oil), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Baby Plum Tomatoes, Basil, Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Extra Virgin Olive Oil, Garlic Puree & Oil Mix (Garlic Puree, Rapeseed Oil, Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil)), Salt & Pepper Mix (Sea Salt, Black Pepper).	Non-gluten pasta cooked separately to order.
Pasta	Christmas Carbonara	Carbonara Sauce (Skimmed Milk, Water, Single Cream (Milk), Mascarpone Cheese (Milk) (Cream (Milk), Milk Proteins, Acidity Regulator (Lactic Acid), Preservative (Potassium Sorbate), Preservative (Nisin)), Full Fat Soft Cheese (Milk), White Mature Cheddar Cheese (Milk), Pecorino And Regato Crumb Mix Cheese (Pecorino Cheese (Sheep Milk), Regato Cheese (Milk)), Modified Maize Starch, Rapeseed Oil, Garlic Purée, Cheese Stock Base (Processed Cheese Powder (Milk), Emulsifying Salt (Sodium Phosphates), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion, Parsnip), Sunflower Oil, Spices (Turmeric, White Pepper, Garlic, Mace, Nutmeg, Lovage), Lovage Extract), White Sugar, Yeast Extract, Salt, Thyme, Stabiliser (Xanthan Gum, Guar Gum), Black Pepper, Smoke Flavour), Frilly Tagliatelle (Durum Wheat Semolina, Liquid Free Range Pasteurised Egg, Wheat Flour, Water), Brussels Sprouts, Smoked Pancetta Lardons (Pork, Salt, Dextrose, Glucose Syrup, Preservative (Potassium Nitrate, Sodium Nitrite), Antioxidant (Ascorbic Acid), Flavourings (Onion, Pepper, Juniper, Laurel), Spices (Garlic Powder), Beechwood Smoke), Prosciutto Crudo Dolce (Pork, Salt, Dextrose, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite)), Riserva (Cow's Milk, Microbial Rennet, Salt), Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Flat Parsley, Rapeseed Oil, Sea Salt, Cracked Black Pepper.	Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk.
Pasta	Vegetarian Christmas Carbonara	Carbonara Sauce (Skimmed Milk, Water, Single Cream (Milk), Mascarpone Cheese (Milk) (Cream (Milk), Milk Proteins, Acidity Regulator (Lactic Acid), Preservative (Potassium Sorbate), Preservative (Nisin)), Full Fat Soft Cheese (Milk), White Mature Cheddar Cheese (Milk), Pecorino And Regato Crumb Mix Cheese (Pecorino Cheese (Sheep Milk), Regato Cheese (Milk)), Modified Maize Starch, Rapeseed Oil, Garlic Purée, Cheese Stock Base (Processed Cheese Powder (Milk), Emulsifying Salt (Sodium Phosphates), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion, Parsnip), Sunflower Oil, Spices (Turmeric, White Pepper, Garlic, Mace, Nutmeg, Lovage), Lovage Extract), White Sugar, Yeast Extract, Salt, Thyme, Stabiliser (Xanthan Gum, Guar Gum), Black Pepper, Smoke Flavour), Frilly Tagliatelle (Durum Wheat Semolina, Liquid Free Range Pasteurised Egg, Wheat Flour, Water), Brussels Sprouts, This Isn't Bacon Lardons (Water, Soya Protein Concentrate, Rapeseed Oil, Flavouring, Soya Protein Isolate, Salt, Pea Protein Isolate, Potato Starch, Vegetable Extracts (Radish, Carrot, Paprika), Maltodextrin, Smoke Flavouring, Iron, Vitamin B12), Riserva Block (Cow's Milk, Microbial Rennet, Salt), Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Flat Parsley, Sea Salt, Cracked Black Pepper, Rapeseed Oil.	Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk.
Pizzas	Non-Gluten Margherita	Non Gluten Pizza Base (Rice Starch, Maize Starch, Corn Starch, Tapioca Starch, Water, Potato Starch, Rice Flour, Sunflower Oil, Extra Virgin Olive Oil, Pea Flour, Vegetable Fibre (Potato, Rice, Psyllium, Flax, Lemon, Pea), Buckwheat Flour, Sugar, Millet Flour, Flaxseed Oil Panel Flour, Salt, Fresh Brewer's Yeast, Natural Flavourings, Thickeners (Hydroxypropyl Methyl Cellulose, Xanthan Gum), Raising Agents (Glucono-Delta-Lactone, Disodium Diphosphate, Sodium Hydrogen Carbonate)), Diced Mozzarella (Mozzarella (Milk), Anticaking Agent (Cellulose)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Oregano.	
Pizzas	Classic - Margherita	Wildfarmed Dough (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamin, Calcium Carbonate, Ascorbic Acid), Sponge (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Water), Water, Salt, Olive Oil, Yeast, Sugar, Dough Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Enzymes)), Diced Mozzarella (Mozzarella (Milk), Anticaking Agent (Cellulose)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Maize Grits, White Rice, Oregano.	
Pizzas	Classic - Stromboli	Wildfarmed Dough (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamin, Calcium Carbonate, Ascorbic Acid), Sponge (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Water), Water, Salt, Olive Oil, Yeast, Sugar, Dough Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Enzymes)), Diced Mozzarella (Mozzarella (Milk), Anticaking Agent (Cellulose)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Pepperoni (Pork, Pork Fat, Salt, Paprika Powder, Spices (Garlic, Cumin, Black Pepper, Chilli Powder), Dextrose, Acidity Regulator (Glucono-Delta-Lactone), Sugar, Antioxidants (Ascorbic Acid, Citric Acid, Sodium Ascorbate), Preservatives (Sodium Nitrite, Potassium Nitrate), Stabilisers (Sodium Citrates, Triphosphates)), Maize Grits, White Rice, Oregano.	
Pizzas	Non Gluten Vegan - Margherita	Non Gluten Pizza Base (Rice Starch, Maize Starch, Corn Starch, Tapioca Starch, Water, Potato Starch, Rice Flour, Sunflower Oil, Extra Virgin Olive Oil, Pea Flour, Vegetable Fibre (Potato, Rice, Psyllium, Flax, Lemon, Pea), Buckwheat Flour, Sugar, Millet Flour, Flaxseed Oil Panel Flour, Salt, Fresh Brewer's Yeast, Natural Flavourings, Thickeners (Hydroxypropyl Methyl Cellulose, Xanthan Gum), Raising Agents (Glucono-Delta-Lactone, Disodium Diphosphate, Sodium Hydrogen Carbonate)), Vegan Mozzarella (Bio Surice (Water, Germinated Brown Rice, Salt, Apple Vinegar), Water, Cold Pressed Coconut Oil, Sunflower Oil, Oregano (Oregano), Lemon Juice, Thickeners (Arabic Gum, Locust Bean, Xanthan Gum)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Oregano.	

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Pizzas	Vegan Classic Margherita	Wildfarmed Dough (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamin, Calcium Carbonate, Ascorbic Acid), Sponge (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Water), Water, Salt, Olive Oil, Yeast, Sugar, Dough Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Enzymes)), Vegan Mozzarisella (Bio Surice (Water, Germinated Brown Rice, Salt, Apple Vinegar), Water, Cold Pressed Coconut Oil, Sunflower Oil, Oregano (Oregano), Lemon Juice, Thickener (Arabic Gum, Locust Bean, Xanthan Gum)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Maize Grits, White Rice, Oregano.	
Pizzas	Prima - Natale	Wildfarmed Dough (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamin, Calcium Carbonate, Ascorbic Acid), Sponge (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Water), Water, Salt, Olive Oil, Yeast, Sugar, Dough Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Enzymes)), Chilli-Marinated Turkey (Turkey, Turkey Stock, Salt, Red Onions, Sunflower Oil, Extra Virgin Olive Oil, Wine Vinegar (Sulphites), Concentrated Grape Must, Rapeseed Oil, Raw Cane Sugar, Water, Cider Vinegar, Concentrated Lemon Juice, Red Peppers, Red Chillies, Smoked Chipotle Chillies, Gelling Agent (Citrus Pectin), Pork, Salt, Dextrose, Glucose Syrup, Preservative (Potassium Nitrate, Sodium Nitrite), Antioxidant (Ascorbic Acid), Flavourings (Onion, Pepper, Juniper, Laurel), Spices (Garlic Powder), Beechwood Smoke), Diced Mozzarella (Mozzarella (Milk), Anticaking Agent (Cellulose)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Brussels Sprouts, Fried Onions (Onions, Palm Oil, Wheat Flour, Salt), Maize Grits, White Rice, Riserva Block (Cow's Milk, Microbial Rennet, Salt), Sage.	Sage may have potential fryer oil cross-contact with Celery, Eggs, Fish, Gluten (Barley, Wheat), Milk, Molluscs, Mustard, Soya, Sulphites.
Pizzas	Non Gluten - Natale	Non Gluten Pizza Base (Rice Starch, Maize Starch, Corn Starch, Tapioca Starch, Water, Potato Starch, Rice Flour, Sunflower Oil, Extra Virgin Olive Oil, Pea Flour, Vegetable Fibre (Potato, Rice, Psyllium, Flax, Lemon, Pea), Buckwheat Flour, Sugar, Millet Flour, Flaxseed Oil Panel Flour, Salt, Fresh Brewer's Yeast, Natural Flavourings, Thickeners (Hydroxypropyl Methyl Cellulose, Xanthan Gum), Raising Agents (Glucono-Delta-Lactone, Disodium Diphosphate, Sodium Hydrogen Carbonate)), Chilli-Marinated Turkey (Turkey, Turkey Stock, Salt, Red Onions, Sunflower Oil, Extra Virgin Olive Oil, Wine Vinegar (Sulphites), Concentrated Grape Must, Rapeseed Oil, Raw Cane Sugar, Water, Cider Vinegar, Concentrated Lemon Juice, Red Peppers, Red Chillies, Smoked Chipotle Chillies, Gelling Agent (Citrus Pectin), Pork, Salt, Dextrose, Glucose Syrup, Preservative (Potassium Nitrate, Sodium Nitrite), Antioxidant (Ascorbic Acid), Flavourings (Onion, Pepper, Juniper, Laurel), Spices (Garlic Powder), Beechwood Smoke.), Diced Mozzarella (Mozzarella (Milk), Anticaking Agent (Cellulose)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Brussels Sprout, Riserva Block (Cow's Milk, Microbial Rennet, Salt).	
Specialty Mains	Tuscan Beef Short Rib - Orzo	Beef Rib With Porcini Balsamic & Thyme (Slow Cooked Beef Rib, Balsamic Vinegar (Wine Vinegar, Grape Must Concentrate), Salt, Porcini Mushrooms, Thyme, Cracked Black Pepper), Creamy Mushroom Orzotto (Orzo Pasta (Water, Durum Wheat Semolina), Water, Portobello Mushrooms, Cream (Milk), Onions, White Wine, Margarine (Vegetable Oil (Palm Oil, Rapeseed Oil), Water, Salt), Sherry, Modified Maize Starch, Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Onion Powder, Parsnip Powder, Sunflower Oil, Lovage Extract, Ground Lovage, Ground Turmeric, Ground White Pepper, Garlic Powder, Mace Powder, Ground Nutmeg, Dried Parsley), Garlic Puree, Salt, Dried Porcini Mushrooms, Mushroom Stock (Mushroom Concentrate, Water, Salt, Mushroom Powder, Cornflour), Thyme, Gravy Browning (Colour (Ammonia Caramel), Salt), Cracked Black Pepper), Mushroom Sauce (Water, Onions, Single Cream (Milk), Mushrooms, Mushroom Stock (Mushroom Juices (Mushroom Concentrate, Water), Corn Starch, Salt, Palm Oil Powder (Refined Fractioned Palm Oil, Glucose Syrup)), Garlic Puree, Sherry, Modified Maize Starch, Rapeseed Oil, Salt, Parsley, Slippery Jack Mushrooms, Black Pepper), Roasted Champignon Tartare With Black Truffle (Semi Dried Champignons, Water, Sunflower Oil, Black Truffle, Salt, Rice Flour, Modified Corn Starch, Vegetable Fibre (Carrot, Bamboo, Potato), Flavourings, Antioxidant (Ascorbic Acid)), Thyme, Flat Parsley, Sea Salt, Cracked Black Pepper, Tartufata Di Funghi (Mushrooms (Moss Mushrooms, Nail Mushrooms, Button Mushrooms, Porcini Mushrooms), Extra Virgin Olive Oil, Truffle Paste, (Summer Truffle, Olive Oil), Truffle Oil (Sunflower Oil, Summer Truffle Aroma, Summer Truffle), Salt, Garlic, Parsley, Black Pepper, Antioxidant (Ascorbic Acid)).	Potential boiler water cross-contact with Eggs, Gluten (Wheat), Milk.
Specialty Mains	Tuscan Beef Short Rib - Potatoes	Beef Rib With Porcini Balsamic & Thyme (Slow Cooked Beef Rib, Balsamic Vinegar (Wine Vinegar, Grape Must Concentrate), Salt, Porcini Mushrooms, Thyme, Cracked Black Pepper), Potatoes, Mushroom Sauce (Water, Onions, Single Cream (Milk), Mushrooms, Mushroom Stock (Mushroom Juices (Mushroom Concentrate, Water), Corn Starch, Salt, Palm Oil Powder (Refined Fractioned Palm Oil, Glucose Syrup)), Garlic Puree, Sherry, Modified Maize Starch, Rapeseed Oil, Salt, Parsley, Slippery Jack Mushrooms, Black Pepper), Frozen Fine Green Beans, Tenderstem Broccoli, Garlic & Parsley Spread (Vegetable Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Flavouring, Colour (Beta-Carotene)), Rapeseed Oil, Garlic Puree, Garlic Granules, Salt, Parsley, Ground Black Pepper, Preservative (Citric Acid)), Rapeseed Oil.	

# FULL INGREDIENT MENU

ASK ITALIAN CHRISTMAS 2024

Section	Dish Name	Ingredient Declaration	Comments
Specialty Mains	Seafood Gratin	Seafood Gratin (Water, Courgette, Prawns (Crustacean) (Water, Salt, Acidity Regulator (Sodium Bicarbonate)), Atlantic Salmon (Fish), Cod (Fish), Single Cream (Milk), Red Pepper, Tomato Puree, Modified Maize Starch, Rapeseed Oil, Lobster Stock (Water, Maize Starch, Sugar, Salt, Yeast Extract, Tomato Paste, Lobster Extract (Crustacean), Sunflower Oil, Anchovy Powder (Fish), Cod Powder (Fish), Lemon Concentrate), Skimmed Milk Powder, Parsley, Vegetable Bouillon (Garlic Powder, Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Onion Powder, Parsnip Powder, Sunflower Oil, Ground Lovage, Lovage Extract, Ground Turmeric, Ground White Pepper, Mace Powder, Ground Nutmeg, Dried Parsley), Salt, Sugar, Fish Stock (Corn Starch, Yeast Extract, Fish Powder, Fish Flavouring Seasoning, Rapeseed Oil), White Pepper), Potatoes, Prawns (King Prawns (Crustaceans), Water, Salt, Stabiliser (Sodium Triphosphate)), Bechamel Sauce (Reconstituted Skimmed Milk, Reconstituted Vegetable Stock (Water, Salt, Yeast Extract, Maltodextrin, Sugar, Dried Onion, Dried Carrot, Sunflower Oil, Lovage), Vegetable Oil (Palm), Butter (Milk), Modified Starch, Salt, Emulsifier (Soya Lecithin)), Garlic & Herb Breadcrumbs (Rice Flour, Potato Starch, Tapioca Starch, Vegetable Oil (Sunflower), Dextrose, Yeast, Sugar, Salt, Stabiliser (Hydroxypropyl Methyl Cellulose), Maize Starch, Psyllium Fibre, Cow's Milk, Microbial Rennet, Salt, Garlic, Flat Parsley, Milk, Salt, Microbial Rennet, Lactic Ferments), Garlic & Parsley Spread (Vegetable Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Flavouring, Colour (Beta-Carotene)), Rapeseed Oil, Garlic Puree, Garlic Granules, Salt, Parsley, Ground Black Pepper, Preservative (Citric Acid)), Riserva (Milk), Flat Parsley.	
Sides	Chips	Chips (Potatoes, Sunflower Oil, Batter (Wheat Flour (With Calcium, Iron, Niacin, Thiamin), Modified Potato Starch, Dextrin, Rice Flour, Salt, Corn Starch, Turmeric Extract, Colour (Paprika Extract))), Garlic Mayo (Rapeseed Oil, Water, Pasteurised Liquid Egg, Acidity Regulator (Acetic Acid), Sugar, Modified Starch, Garlic, Salt, Stabiliser (Guar Gum), Spices (Mustard), Herb, Preservative (Potassium Sorbate), Stabiliser, Xanthan Gum, Antioxidant (Calcium Disodium)), Sea Salt, Cracked Black Pepper, Rapeseed Oil, Palm Oil.	
Desserts	Vanilla Gelato	Vanilla Gelato (Reconstituted Skimmed Milk Powder, Sugar, Vegetable Fats (Palm Kernel Oil, Palm Oil), Glucose Syrup, Whey Powder (Milk), Emulsifier (Mono- And Diglycerides Of Fatty Acids), Natural Vanilla Flavouring, Stabilisers (Guar Gum, Locust Bean Gum, Xanthan Gum), Exhausted Ground Vanilla Beans, Colour (Annatto Norbixin)).	
Desserts	Chocolate Gelato	Chocolate Gelato (Reconstituted Skimmed Milk Powder (Milk), Sugar, Vegetable Fats (Palm Kernel Oil, Palm Oil), Cocoa Powder, Glucose Syrup, Whey Powder (Milk), Fat Reduced Cocoa Powder, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Stabilisers (Guar Gum, Locust Bean Gum, Xanthan Gum)).	
Desserts	Salted Caramel Gelato	Water, Glucose Syrup, Sugar, Coconut Oil, Salted Caramel (Water, Sugar, Partially Inverted Refiners Syrup, Glucose Syrup, Corn Oil, Corn Starch, Vanilla Extract, Natural Flavourings, Salt, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Maltodextrin, Dextrose, Soya Protein, Colour (Plain Caramel), Sea Salt, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Stabilisers (Locust Bean Gum, Carrageenan, Guar Gum), Natural Flavourings.	
Desserts	Cherry & Clotted Cream Gelato	Whole Milk, Sugar, Double Cream (Milk), Clotted Cream (Milk), Amarena Cherry Sauce (Dried Glucose Syrup, Sugar, Candied Cherries (Cherries, Glucose-Fructose Syrup, Sour Black Cherry Juice, Acidity Regulator (Citric Acid), Vegetable Concentrate (Black Carrot, Hibiscus), Natural Flavourings), Water, Concentrated Amarena Cherry Juice, Acidity Regulator (Citric Acid), Thickener (Agar Agar, Pectin), Flavourings (Colour (Anthocyanins))), Dextrose, Skimmed Milk Powder, Cinnamon Biscuit (Wheat Flour, Sugar, Rapeseed Oil, Candied Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Cinnamon, Salt), Digestive Biscuit Crumble (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Fat Sg (Palm Oil, Rapeseed Oil), Sugar, Invert Sugar Syrup, Raising Agent (Sodium Carbonate), Salt), Vegetable Fat Sg (Shea Kernel Oil, Palm Oil, Emulsifier (Sunflower Lecithin)), Emulsifier (Mono- And Diglycerides Of Fatty Acids), Stabiliser (Locust Bean Gum, Guar Gum, Carrageenan).	
Desserts	Berry Sorbet	Mixed Berry Sorbet (Water, Strawberry Puree, Sugar, Glucose Syrup, Blackcurrant Puree, Raspberry Puree, Fructose, Maltodextrin, Stabilisers (Guar Gum, Locust Bean Gum, Hydroxypropyl Methyl Cellulose), Sweetener (Steviol Glycosides)).	
Desserts	Biscoff Cheesecake	Lotus Biscoff Cheesecake (Biscuit Base (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Rapeseed), Sugar, Invert Sugar Syrup, Raising Agent (Sodium Bicarbonate, Ammonium Bicarbonate), Salt), Double Cream (Milk), Reduced Fat Soft Cheese (Skimmed Milk, Cream (Milk), Permeate (Milk), Salt, Tapioca Starch, Stabiliser (Xanthan Gum, Locust Bean Gum), Bacterial Starter Culture), Lotus Original Caramelised Biscuit Spread (Caramelised Biscuit (Wheat Flour, Sugar, Vegetable Oil (Rapeseed Oil, Palm Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)), Sugar, Full Fat Soft Cheese (Milk), Caramelised Biscuit (Wheat Flour, Sugar, Vegetable Oils (Rapeseed, Palm), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Starch (Maize), Partially Inverted Sugar Syrup, Milk, Tapioca Starch, Natural Vanilla Flavouring, Preservative (Potassium Sorbate)), Cream (Milk), Salted Butter (Butter (Milk), Salt), Water, Partially Inverted Refiners Syrup, Glucose Syrup, Demerara Sugar, Brown Sugar, Modified Maize Starch, Rapeseed Oil, Colour (Ammonia Caramel), Stabiliser (Xanthan Gum), White Chocolate Curls (Sugar, Cocoa Butter, Whole Milk Powder, Lactose (Milk), Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Sugar, Cocoa Butter, Whole Milk Powder, Whey Powder (Milk), Lactose (Milk), Emulsifier (Sunflower Lecithin), Natural Vanilla Flavouring.	

# FULL INGREDIENT MENU

ASK ITALIAN CHRISTMAS 2024

Section	Dish Name	Ingredient Declaration	Comments
Desserts	Cinnamon Swirl	Free Range Egg White, Unsalted Butter (Milk), Medium Fat Soft Cheese (Milk), Icing Sugar (Sugar, Anti-Caking Agent (Tricalcium Phosphate)), Self-Raising Flour (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Raising Agent (Sodium Carbonate, Calcium Phosphate)), Caster Sugar, Whipping Cream (Milk), Free Range Egg, Free Range Egg Yolk, Black Treacle (Cane Molasses, Partially Inverted Sugar Syrup), Ground Cassia Cinnamon, Cornflour, Snow Dusting (Dextrose, Wheat Starch, Vegetable Oils (Palm Oil, Rapeseed Oil), Salt, Natural Flavourings), Raising Agent (Sodium Bicarbonate), Salt, Water, Glucose Syrup, Sugar, Coconut Oil, Salted Caramel (Water, Sugar, Partially Inverted Refiners Syrup, Glucose Syrup, Corn Oil, Corn Starch, Vanilla Extract, Natural Flavourings, Salt, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Maltodextrin, Dextrose, Soya Protein, Colour (Plain Caramel Colour), Sea Salt, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Stabilisers (Locust Bean Gum, Carrageenan, Guar Gum), Natural Flavourings, Cream (Milk), Salted Butter (Butter (Milk), Salt), Water, Partially Inverted Refiners Syrup, Glucose Syrup, Demerara Sugar, Brown Sugar, Modified Maize Starch, Rapeseed Oil, Colour (Ammonia Caramel), Stabiliser (Xanthan Gum), Icing Sugar, Maize Starch.	
Desserts	Orange Panettone Pudding	Sugar, Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Free Range Egg, Sultanas (Sultanas, Sunflower Oil), Mixed Peel (Orange Peel, Sugar, Glucose-Fructose Syrup, Lemon Peel, Acidity Regulator (Citric Acid)), Glucose Syrup, Natural Orange Flavouring, Unsalted Butter (Milk), Margarine (Palm Oil, Rapeseed Oil, Water, Flavouring), Whole Milk, Raising Agent (Sodium Bicarbonate), Orange Oil, Dried Yeast, Modified Waxy Maize Starch, Acidity Regulator (Citric Acid), Salt, Natural Flavouring, Thickener (Guar Gum), Colour (Carotenes), Reconstituted Skimmed Milk Powder (Milk), Sugar, Vegetable Fat (Palm Kernel Oil, Palm Oil), Glucose Syrup, Whey Powder (Milk), Emulsifier (Mono- And Diglycerides Of Fatty Acids), Natural Vanilla Flavouring, Stabilisers (Guar Gum, Locust Bean Gum, Xanthan Gum), Exhausted Ground Vanilla Beans, Colour (Annatto Norbixin).	
Kids Starters	Kids - Vegetable sticks, Bread Soldiers and Dip	Wildfarmed Dough (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamin, Calcium Carbonate, Ascorbic Acid), Sponge (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Water), Water, Salt, Olive Oil, Yeast, Sugar, Dough Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Enzymes)), Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Maize Grits, White Rice, Salt & Pepper Mix (Sea Salt, Cracked Black Pepper), Rapeseed Oil, Carrots, Tomato Dip (Tomatoes, Salt, Basil, Oregano), Cucumbers.	
Kids Mains	Kids - Top Your Own Pizza Face	Wildfarmed Dough (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamin, Calcium Carbonate, Ascorbic Acid), Sponge (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Water), Water, Salt, Olive Oil, Yeast, Sugar, Dough Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Enzymes)), Diced Mozzarella (Mozzarella (Milk), Anticaking Agent (Cellulose)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Maize Grits, White Rice, Roasted Red Peppers (Red Peppers, Water, Vinegar, Salt, Sugar, Acidity Regulator (Citric Acid)), Pitted Cuquillos Nicoises Olives (Olives, Brine (Water, Vegetable Oils (Sunflower And Rapeseed Oil In Varying Proportions), Salt)).	
Kids Mains	Vegan Kids - Top Your Own Pizza Face	Wildfarmed Dough (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamin, Calcium Carbonate, Ascorbic Acid), Sponge (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Water), Water, Salt, Olive Oil, Yeast, Sugar, Dough Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Enzymes)), Vegan Mozzarisella (Bio Surice (Water, Germinated Brown Rice, Salt, Apple Vinegar), Water, Cold Pressed Coconut Oil, Sunflower Oil, Oregano, Lemon Juice, Thickeners (Arabic Gum,, Locust Bean, Xanthan Gum)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Maize Grits, White Rice, Roasted Red Peppers (Red Peppers, Water, Vinegar, Salt, Sugar, Acidity Regulator (Citric Acid)), Pitted Cuquillos Nicoises Olives (Olives, Brine (Water, Vegetable Oils (Sunflower And Rapeseed Oil In Varying Proportions), Salt)), Oregano.	
Kids Desserts	Kids - Frutti	Apples, Black Grapes.	